

~~~~ February 2019 ~~~~

| Sunday                                                                                       | Monday                                                                                                                  | Tuesday                                                                                                                                                                                                 | Wednesday                                                                                                                                                                         | Thursday                                                                                                                                                                            | Friday                                                                                                                                                       | Saturday                                                                                                          |
|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
|              |                                                                                                                         |                                                                                                                                                                                                         |                                                                                                |                                                                                                                                                                                     | <p>1</p> <p>8:00 Foot Care<br/>10:15 Exercises &amp; BB<br/>1:00 Trivial Pursuit<br/>1:45 Bingo<br/>4:00 Walking</p>                                         | <p>2</p>  <p>Groundhog Day</p> |
| <p>3</p>     | <p>4</p> <p>10:15 Exercises<br/>1:00 Train Dominoes<br/>2:00 Bingo<br/>4:00 Walking</p>                                 | <p>5</p> <p>10:15 Exercises<br/>1:00 <u>Shopping</u><br/>Semiahmoo Mall<br/>3:00 Nutrition &amp; Eye Health Care Demo</p> <p><b>Chinese New Year</b></p>                                                | <p>6</p> <p>10:00 Shoe Shine Centre<br/>1:00 Your Chinese Fortune &amp; Cookies<br/>2:00 5-Card Bingo<br/>4:00 Happy Hour<br/>Brian Zalo</p>                                      | <p>7</p> <p>10:15 Exercises<br/>1:00 <u>Bus Trip</u><br/>Try Your Luck at the Casino</p>         | <p>8</p> <p>10:15 Exercises &amp; BB<br/>1:00 Book Club<br/>1:45 Bingo<br/>4:00 Walking</p>                                                                  | <p>9</p>                       |
| <p>10</p>   | <p>11</p> <p>10:15 Exercises<br/>1:00 Cards<br/>2:00 Bingo<br/>4:00 Walking</p>                                         | <p>12</p> <p>10:15 Exercises<br/>1:00 <u>Shopping</u><br/>Semiahmoo Mall<br/>2:00 Art Class<br/>3:00 <b>Red</b> Jeopardy</p>                                                                            | <p>13</p> <p>10:15 Exercises<br/>1:00 Party Prep<br/>2:00 Valentine Birthday &amp; Welcome Tea<br/>4:00 Walk Abouts</p>                                                           | <p>14</p> <p>10:00 Mini Manis<br/>1:00 Music Quiz<br/>2:00 Valentine Quiz<br/>4:00 Happy Hour<br/>Brian Gimbel</p> <p><b>Valentines Day</b></p>                                     | <p>15</p> <p>9:00 Library Exchange<br/>10:15 Exercises &amp; BB<br/>1:00 Trivial Pursuit<br/>1:45 Bingo<br/>4:00 Walking</p> <p><b>National Flag Day</b></p> | <p>16</p>                     |
| <p>17</p>  | <p>18</p>  <p><b>Family Day</b></p>  | <p>19</p> <p>10:15 Exercises<br/>1:00 <u>Shopping</u><br/>Walmart<br/>3:00 Wii Bowling &amp; Other Games</p>                                                                                            | <p>20</p> <p>10:00 Fashion Closet Sale<br/>1:00 Colour Corner<br/>2:00 Horse Racing<br/>4:00 Happy Hour<br/>Richard Stepp</p>                                                     | <p>21</p> <p>10:15 Exercises<br/>1:00 <u>Bus Trip</u><br/>Birds &amp; Blossoms</p>             | <p>22</p> <p>10:15 Exercises &amp; BB<br/>1:00 HH BP Clinic<br/>1:00 Trivial Pursuit<br/>1:45 Big Buck Bingo<br/>4:00 Walking</p>                            | <p>23</p>                    |
| <p>24</p>  | <p>25</p> <p>10:15 Exercises<br/>1:00 Chinese Dancing Demo<br/>2:00 Bingo<br/>3:45 Gabriel &amp; Maria at the Piano</p> | <p>26</p> <p>10:15 Exercises<br/>1:00 <u>Shopping</u><br/>Semiahmoo Mall<br/>3:00 Sundaes, Teasers &amp; Trivia</p>  | <p>27</p> <p>10:00 Weigh In Clinic<br/>1:00 Hearing Clinic<br/>1:00 News &amp; Views<br/>2:00 Indoor Bocci<br/>4:00 Happy Hour<br/>Kevin Johnson</p> <p><b>Pink Shirt Day</b></p> | <p>28</p> <p>10:00 Exercises<br/>11:00 <u>Bus Trip</u><br/>Lunch Out<br/>The Waffle House</p>  |                                                                         |                                                                                                                   |